

PHILIP YEE, MD, INC.
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PREPARATION INSTRUCTIONS FOR UPPER ENDOSCOPY/ EGD

DATE OF PROCEDURE:

Arrival Time: _____

Please report to the following facility on _____ @ _____

Tresanti Surgery Center
5201 Norris Canyon Road, Ste. 100
San Ramon, CA 94583
* Arrive 45 min prior to procedure *

San Ramon Regional Medical Center
6001 Norris Canyon Road
San Ramon, CA 94583
* Arrive 1 hr 30 min prior to procedure *

FOLLOW-UP APPOINTMENT: _____ @ _____

Please follow these instructions carefully. If your bowels are NOT CLEAR, it may be necessary to reschedule your procedure. Contact the office ASAP if this is the case.

Please inform us if you had recent strokes or thromboembolism, recent cardiac stents, an artificial heart valve or history of endocarditis. For diabetic patients – insulin or oral medications will be adjusted as per instructions.

7 days before: DO NOT take IRON, or TICLOPIDINE.

5 days before: DO NOT take ASPIRIN, CLOPIDOGREL, PRASUGREL, or WARFARIN,

3 days before: DO NOT take any NSAID (such as IBUPROFEN or NAPROSEN), TICAGRELOR or DIPYRIDAMOLE

2 days before: DO NOT take APIXABAN, DABIGATRAN, EDOXABAN, REVAROXABAN, CILOSTAZOL

The DAY BEFORE:

Nothing to eat (except approved medications) starting from 6 hours prior to the procedure.

Last meal by _____.

May DRINK small amounts of CLEAR LIQUIDS ONLY up to 2 hours prior to the procedure.

Last clear liquids by _____.

Clear liquid include water, clear broth, tea, black coffee no creamer, juices without pulp, sodas, Jello, Popsicle, Gatorade, Propel, etc. Avoid RED, ORANGE and PURPLE liquids. **NO** alcoholic beverages, solid foods, dairy products or Ensure.

Take only required medications such as blood pressure or heart medication approved by the doctor with a small sip of water (within 4 hr prior to procedure).

- Preferably **NOTHING BY MOUTH 4 HOURS PRIOR TO THE PROCEDURE OR ANESTHETIC MAY NOT BE ADMINISTERED.**

IF sedation is planned, **you cannot drive after the procedure** and you **MUST** have a secure ride home (Family, Friends or professional caregiver– not Uber, Lyft or taxi).

Should you need to cancel your procedure, you will need to contact our office **48 business hours** prior to the procedure to avoid a **cancellation fee of \$200**. Please contact us if you have any questions regarding the preparation or the procedure. Our office hours are Monday to Friday, 9:00 am – 12:00 pm and 2:00 pm – 5:00 pm.